

APRIL 2024

SUBLETTE CENTER NEWSLETTER

What's happening at the Center



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Spring is In the Air!

The sun is shining, snow is melting, and birds are singing. So, we think it safe to say, spring is in the air! With the promise of warmer weather, we are itching to get outside and soak it all in. Outside activities are some of our very favorites! We look forward to basking in the sun, strolling around the block, and even heading over to the local thrift store for some “shopping” and rummaging. Sometimes we take longer walks through town or meander through one of Pinedale’s many wonderful parks.

Several of our residents with automatic chairs enjoy taking themselves out to restaurants, local shops, and even to the CCC ponds for some fishing! Many smiles and good times follow fresh air and sunshine so we squeeze in as much as we can!



Mass is Back!

We would like to take a moment to let residents and families know we are once again offering on-site Mass. During the February Resident Council, we were asked to bring back on-site services. Thankfully, Our Lady of Peace Catholic Church agreed and they are so gracious to provide the Mass every third Monday of the month at 10:00am. Mass is held in our chapel for residents and their families. Sublette Center also has, and will continue, to offer multiple Bible studies for residents, families, and staff to choose from. We desire to give our community the freedom to continue living the life they are familiar with and proud of.

THANK YOU, BOYS!

Huge thanks to the LDS Church Activity Days group of 8-11 year-old boys who came and beautified our grounds! Due to the wind as of late and the snow melt, we had a significant amount of garbage on our grounds. If you see them around, give them a high five for their community service!



Thoughts of Summer

BY RICH BOETTCHER - ASPEN GROVE RESIDENT

A fresh dollar bill, all crispy and new
Just washed the car, it looks very good, too

Spring has now sprung, warmer weather's begun
The grass is now growing, with dandelions showing

With summer so near, it feels good to be here
'Cause if Pinedale's your home, there's not much need to roam

STAFF & RESIDENT

April Birthdays

April 9 - Doris A

April 13 - Elizabeth Best

April 18 - Megan Johnson

April 22 - Vikki Seymour

April 28 - Xiaoling Li



COMING UP::

April 6 - Saturday music at 3pm in the Heritage Room

April 16 - Piano with Pam at 2pm in the Heritage Room

April 17 - Here and Now Art at 2pm in the Sunroom

April 19 - Community Lunch outing at 11:30am

April 20 - Saturday music at 3pm in the Heritage Room

April 25 - Cocktail Party at 5pm in the Heritage Room

April 26 - April Birthdays Celebration at 2pm in the Grand Dining Room

Word in the Center; “What is your favorite part of spring?”



“Summer is almost here! Green grass is coming soon.” - Maggie

“No bundling up when going out!” - Elaine L



“Getting out of here and walking! I like to sit in the front and greet people as they come in. I turn music on my phone and soak up the sunshine.” - Martin

**“Being able to offer the residents the option to get outside. We love taking them on the walks outside. In the past we took them down to Dave’s for ice-cream, walks to the food basket to offer the opportunity to “shop”, and just strolls around the block to soak up some vitamin D!”
- Micaela Activities Assistant**



RETIREMENT COMMUNITY
SUBLETTE CENTER



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