

# SUBLETTE CENTER NEWSLETTER

What's happening at The Center



## What's In The May Issue:

Individual Centered Care - 1  
Hospital Update - 2  
Spring Poem by Rich - 2  
May Birthdays - 2  
Coming Up - 2  
Word in The Center:  
Nurses' Day - 3



### Individual Centered Care

Over the years, the Centers for Medicare and Medicaid Services (CMS) regulations in long-term care have evolved significantly. We've seen changes in standards of care, policies and procedures, and staffing requirements, to name a few. As part of our efforts to give residents more control over their daily lives, the Center has implemented a breakfast bar. CDM, Vikki, has a variety of breakfast foods, including frittatas, hot oatmeal, muffins, yogurt, hard boiled eggs, and fresh fruit. This provides hot and fresh food options for residents who prefer to sleep in and ultimately more flexibility in those individuals' lives. The breakfast bar is open from 8:30-10:30am and we're lucky to have Alexander servicing it!





## Hospital Update

This drone photo shows the new hospital in white and the new Sublette Center in gray.

The ground thaw blankets keeping the west wing ready for concrete.

Concrete is poured in the future memory wing!



## Spring Facts

The largest ice cream scoop weighed 3,010lbs.

The longest barbeque lasted 4 days. Georgia set the record on April 27, 2014 by grilling 1,000 hot dogs, 558 burgers, 526 sausages, 104 chicken pieces, and 200 ears of corn.

Watermelon consists of 92% water and Americans eat a whopping 15lbs. of watermelon annually.

While Paris is loved in the springtime, you may want to visit during the summer when the iconic Eiffel Tower is actually its tallest. That's because the 1,062ft monument experiences thermal expansion causing the structure to grow due to the summer heat.



## A HEAVENLY DECLARATION

BY RICH BOETTCHER - ASPEN GROVE RESIDENT

The stars are out tonight  
and look! They're shining bright  
They help to tell the story  
about a revealed glory  
that pierces darkness  
with His light.

## STAFF & RESIDENT

### May Birthdays

May 1 - Dee B  
May 1 - Stacey Blaha  
May 2 - Anita M  
May 4 - Meghan Doyle  
May 4 - Yosenia Sandoval  
May 12 - Triesa M  
May 13 - Ashlee Merriam  
May 13 - Elaine M (102)!  
May 17 - Cheyenne Oleson  
May 25 - Derick O  
May 26 - Lexy Hoffman



## COMING UP::

May 5 - *Cinco De Mayo Celebration* at 2pm in the Grand Dining Room

May 12 - *Mother's Day Tea* at 2pm in the Heritage Room

May 18 - *Saturday Music* at 3pm in the Heritage Room

May 29 - *Banana Split Social* at 2pm in the Grand Dining Room

May 30 - *Cocktail Party* at 5pm in the Heritage Room



Nurse Deb joined us in the Here and Now Art activity volunteering to assist the residents.

## Word in the Center; National Nurses' Day

## "How has nursing impacted your life?"



"I have always loved helping and caring for people I have become a more observant prepared empathetic and confident person. My life has forever been changed in the best way possible sine choosing this as my career." - Amber Wolaver

Started with Sublette Center 2020



"It has broadened my horizon in patient care and I get to help residents and people in ways I couldn't as a CNA. I expanded my knowledge and have been able to impact residents lives in a greater way, In doing so I have found my purpose and passion of giving back to people in a way that impacts my life everyday." -

Ashlee Merriam

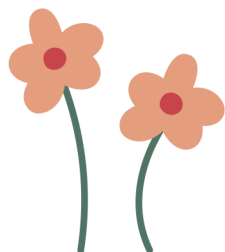
Started with Sublette Center 2011



"I have been able to meet patients and residents that become family. It has made an impact in my life in many amazing ways. One way that really means a lot to me is getting the opportunity to enter ones life as a stranger and leave as family. I have had the opportunity to make patients and their families my family over the years and I am fortunate to be able to touch the lives of so many in a special way." - Amber

Burbank (Past Daisy Award winner 2023)

Started with the Sublette Center 2019



# SUBLETTE CENTER

RETIREMENT COMMUNITY



Sublette Center  
Post Office Box 788  
333 N Bridger Ave  
Pinedale, WY 82941