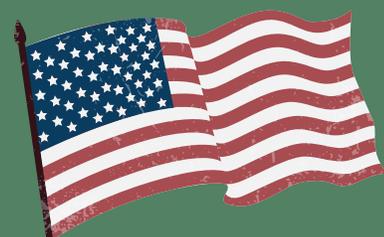


SUBLETTE CENTER NEWSLETTER

What's Happening at The Center



What's In The November Issue

Serving Veterans -1
Staff Spotlight -2
November Birthdays -2
Poem by Rich -2
Word in The Center:
Thankful -3



The Center veterans; Paul, Ellen, John, Ed, Monte, Earl, Norman, Donald, Edwin, Marty

Serving Our Nation's Veterans

By Dawn Walker, Sublette Center Administrator

The Sublette Center is honored to be a partner in providing services to our nation's veterans. Back in 2019, the Sublette Center was approached by Mary Bluemel with a request to apply for contract with the Veterans Administration so that her father could become a resident here. Her father, Benny Pearson, was a long-time Sublette County resident and someone we very much desired to serve. With the help of many VA service providers, such as Billy Hamby, and with Mary's continued advocacy, we were eventually able to develop a relationship with the VA that allows the Center to care for certain veterans.



We are proud to be considered partners with the Veterans Association and are grateful that the project initiated by Mary has allowed us to care for several veterans. We are among a small group of facilities in Wyoming to be partnered with the VA in providing both skilled nursing and long-term care covered by the VA. While not all veterans qualify for the benefit, we are grateful to be able to serve those who do.



Mary and father Ben Pearson



April Rose and resident Edwin show off their pumpkins they carved together.

Staff Spotlight: April Rose **Activities Director**

Sublette Center has many valued employees to be thankful for, one such staff member is Activities Director April Rose. She has been with The Center for seven years, three as Activities Director. While in the position, Rose has become certified in activities and memory care, and plans to further her education.

- dogs or cats: dogs
- coffee or tea: coffee
- favorite movie genre: action
- favorite color: green
- ultimate travel destination: Malta



Why activities? What motivates you as an activities director?
I love it! I think I have the best job in the world. I can do what I love. In the 90's I worked as a caregiver in a retirement home in California, I absolutely loved spending my time with the residents. Today I'm living my best life and so grateful for the opportunity to work with and serve the residents of The Center.

What's your favorite part of being an activities professional?
My favorite part is when I get to spend time with the residents, take them places, see them excited about what we are doing.

What are your favorite activities to do with residents? Large Group socials, I love when I can get a big group together. BBQ's, cocktail parties, banana split socials are some of my favorites. Anytime there is a large crowd.

How important are activities in the life of residents?
Very important. Activities promote meaning and purpose in life. They are able to socialize, be creative, plan their day. Activities give structure to the day, which gives them a sense of safety.

STAFF & RESIDENT

November Birthdays

- Nov. 7 - Donald Lytle
- Nov. 11 - Lillian Palmer
- Nov. 14 - Caroline Brazell
- Nov. 16 - James Schroeck
- Nov. 17 - Jean Stetson
- Nov. 18 - Maxine Leckie
- Nov. 20 - Tom Healy
- Nov. 26 - Shelli Davis
- Nov. 29 - Jim Oestreich



What About Pinedale?

BY RICH BOETTCHER
 ASPEN GROVE RESIDENT

I love the town of Pinedale
 And, the people who live here
 They often show their
 friendliness
 With hugs to show they care

If you're out to raise a family
 This place can be quite great
 For the influences of elsewhere
 Do not easily penetrate

And, if by age, accident, or
 illness
 You move not well about
 There's a lot of loving folks
 here
 Who are glad to help you out



SUBLETTE CENTER
RETIREMENT COMMUNITY

Word in the Center: What are we thankful for?

Here at the Sublette Center, we have many things to be thankful for throughout the year. This month is a perfect time to show that gratitude.



"Outside of my family, I am most thankful for the work I get to do here and the people I get to work alongside. Everyday, we get to see the difference we make in other people's lives, and we get to have fun doing it!"

Dawn, Sublette Center Administrator

"I'm thankful for my parents. They always were behind me no matter what. There was six of us and although they didn't have a lot of money, they went ahead and were just solid all the time,"



Tom



"Well, I'm thankful for my children. Eric lives here, so he does things for me. And Kyle, I'm having surgery, he's coming in from Connecticut to be with me. And I'm thankful for every morning that I get up. I'm thankful for all my friends here, I've made a lot of friends,"

Angela

"Well, I've had heart attacks and I'm alive. I've had open heart surgery and I'm alive. My heart was running away once, they went in and did something with the electrical and now my heart stays between 60 and 100. I guess that's what I'm thankful for. Still beating and I'm 91 years old,"



Vaughn



"I'm most thankful for my family, because they're so awesome. To just even be in Wyoming, that's part of it too. I love Wyoming. I am thankful for all the things God has blessed me with in this life. And I especially love it here (in the Sublette Center) because I have so many new friends. I tell my kids, it's kind of like a college dorm because everybody's right here, across the hall,"

Rita

RETIREMENT COMMUNITY
SUBLETTE CENTER



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